



Flexible, accessible health options for employees



Over 80% of U.S. consumers consider wellness a top or important priority in their daily lives.¹ One Pass Select[®] is designed to encourage employee wellness through flexible gym and nutrition benefits. The program includes a low-cost national gym network, digital workouts, grocery delivery service and additional options. Best of all, your employees have the freedom to choose the option that fits their needs and lifestyle.



average retail gym membership savings with One Pass Select³

See the benefits of One Pass Select



Potential for increased productivity

Studies showed that healthier employees are typically more productive²



No cost to you,* lower cost to your employees

Allows you to offer various fitness pricing options and competitive, flexible health options so employees can choose what's best for them



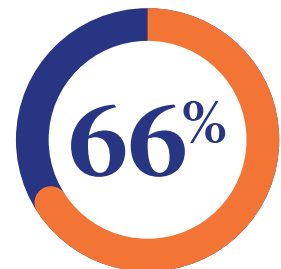
A convenient digital experience

Easy access through UnitedHealthcare Rewards on the **UnitedHealthcare[®] app** or **myuhc.com[®]** to browse membership options, a fitness directory and more



UHC Rewards integration

Employees can redeem UHC Rewards dollars to use toward a One Pass Select subscription



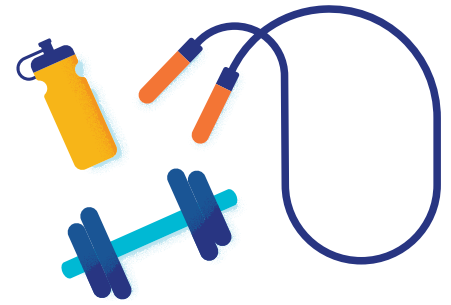
of employees who signed up for One Pass Select were actively engaged in the program⁴

*Self-funded groups have the option to subsidize employee costs.
continued

More advantages for employees

One Pass Select offers employees various membership tiers to choose from based on their unique fitness goals – along with additional benefits, including:

- No long-term contracts or annual gym registration fees
- Multisite access nationwide with no waiting period
- The ability to add up to 4 family members (ages 18+)
- A convenient grocery delivery subscription and additional member benefits*



Membership options for employees

Category	Digital	Classic	Standard	Premium	Elite
Monthly fee	\$10	\$34	\$69	\$109	\$249
One-time enrollment fee	\$10	\$29	\$29	\$29	\$29
Gym network size		12,000+	14,000+	16,000+	20,000+
Premium network			✓	✓	✓
Multisite access		✓	✓	✓	✓
Digital classes	23,000+	23,000+	23,000+	23,000+	23,000+
On demand	✓	✓	✓	✓	✓
Livestreaming	✓	✓	✓	✓	✓
Workout builder	✓	✓	✓	✓	✓
Grocery delivery/other member perks*		✓	✓	✓	✓
Family memberships**	✓	✓	✓	✓	✓
Upgrade/downgrade	✓	✓	✓	✓	✓
Cancel within 30 days	✓	✓	✓	✓	✓

*The grocery delivery service component of the program is not available in TX and is pending regulatory approval in CA, NY and VA for select fully insured groups and lines of business – discuss with your UnitedHealthcare representative for details.
**10% discount.

Learn more

Contact your broker or UnitedHealthcare representative

United
Healthcare®

¹ McKinsey & Company. Future of Wellness Survey. August 2023. [mckinsey.com/industries/consumer-packaged-goods/our-insights/the-trends-defining-the-1-point-8-trillion-dollar-global-wellness-market-in-2024](https://www.mckinsey.com/industries/consumer-packaged-goods/our-insights/the-trends-defining-the-1-point-8-trillion-dollar-global-wellness-market-in-2024). Accessed Dec. 5, 2024.

² World Economic Forum. A healthy workforce is good for business. Here's why. July 19, 2023. [weforum.org/stories/2023/07/business-benefits-of-boosting-employee-health-and-well-being/](https://www.weforum.org/stories/2023/07/business-benefits-of-boosting-employee-health-and-well-being/). Accessed Jan. 8, 2025.

³ One Pass Select Internal Analytics/Book of Business, 2024.

⁴ One Pass Select Utilization Report, 2024. Defined as eligible members that are enrolled in the program and have utilized the benefit.

One Pass Select is a voluntary program that features a subscription-based nationwide gym network, digital fitness and grocery delivery service. For self-funded participants, there are no state restrictions. For fully insured participants, program availability varies by state: (i) the program is NOT available to members of accounts situated in HI, KS, VT and Puerto Rico; (ii) the grocery delivery service component of the program is not available in TX and is pending regulatory approval in CA and VA for select groups and lines of business - discuss with your UnitedHealthcare representative for details. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. Individuals should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for them. Purchasing discounted gym and fitness studio memberships, digital fitness or grocery services may have tax implications. Employers and individuals should consult an appropriate tax professional to determine if they have any tax obligations with respect to the purchase of these discounted memberships or services under this program, as applicable. One Pass Select is a program offered by One Pass Solutions, Inc. Subscription costs are payable to One Pass Solutions, Inc.

UnitedHealthcare Rewards is a voluntary program. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. You should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for you. Receiving an activity tracker, certain credits and/or rewards and/or purchasing an activity tracker with earnings may have tax implications. You should consult with an appropriate tax professional to determine if you have any tax obligations under this program, as applicable. If any fraudulent activity is detected (e.g., misrepresented physical activity), you may be suspended and/or terminated from the program. If you are unable to meet a standard related to health factor to receive a reward under this program, you might qualify for an opportunity to receive the reward by different means. You may call us toll-free at 1-855-256-8669 or at the number on your health plan ID card, and we will work with you (and, if necessary, your doctor) to find another way for you to earn the same reward. Rewards may be limited due to incentive limits under applicable law. Subject to HSA eligibility, as applicable. This program is not available in Hawaii, Vermont and Puerto Rico. Components subject to change.

Administrative services provided by United HealthCare Services, Inc. or their affiliates.

Employee benefits including group health plan benefits may be taxable benefits unless they fit into specific exception categories. Please consult with your tax specialist to determine taxability of these offerings.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates.