



New Mexico PPACA* \$0 cost share contraceptives^{1,2,3,4}

Effective: Jan. 1, 2025



Birth control - Advantage and Essential Prescription Drug List (PDL)

Over-the-counter birth control (contraceptives) for women

Birth Control Contraceptives

The following forms of birth control (contraceptives) are available OTC and will be covered at \$0 cost share when filled at a network pharmacy. Ask your pharmacy to submit a claim* to UnitedHealthcare.

Condoms

Contraceptive films

Contraceptive foams

Contraceptive gels

Contraceptive sponges

Contraceptive suppositories

Emergency birth control (contraceptives) (AfterPill, generic for Plan B, generic for Plan B One-Step)

Opill

*In certain scenarios, your pharmacy may ask you to contact your healthcare provider for a prescription.

Prescription birth control (contraceptives)

KEY

pill = Hormonal Birth Control Pill (oral contraceptive)

ring = Hormonal Birth Control Ring (contraceptive vaginal ring)

shot = Hormonal Birth Control Shot (injectable contraceptive)

patch = Hormonal Birth Control Patch (contraceptive transdermal patch)

Brand Birth Control (contraceptives)

shot Depo-SubQ Provera 104mg (effective 1/15/2025)

pill Lo Loestrin FE

pill Natazia

Generic Birth Control (contraceptives)

pill Afirmelle, Aubra, Aubra EQ, Aviane, Delyla, Falmina, Lessina, Levonorgestrel/Ethinyl Estradiol 0.1/0.02 mg, Lutera, Sronyx, Vienva (generic Alesse)

pill Altavera, Ayuna, Chateal, Chateal EQ, Kurvelo, Levonorgestrel/Ethinyl Estradiol 0.15/0.03 mg, Levora-28, Marlissa, Portia-28 (generic Nordette)

pill Alyacen 1/35, Dasetta 1/35, Nortrel 1/35, Nylia 1/35 (generic Ortho-Novum 1/35)

pill Alyacen 7/7/7, Dasetta 7/7/7, Nortrel 7/7/7, Nylia 7/7/7, Pirmella 7/7/7 (generic Ortho-Novum 7/7/7)

pill Amethyst, Dolishale, Levonorgestrel/Ethinyl Estradiol 0.09/0.02 mg (generic Lybrel) (effective 1/15/2025)

pill Apri, Cyred, Cyred EQ, Desogestrel/Ethinyl Estradiol 0.15/0.03 mg, Enskyce, Isibloom, Juleber, Kalliga, Reclipsen, Solia (generic Desogen, Ortho-Cept)

pill Aranelle, Leena (generic Tri-Norinyl)

pill Aurovela, Hailey, Junel, Larin, Microgestin, Norethindrone/Ethinyl Estradiol 1.5mg/30 mcg (generic Loestrin 1.5 mg/30 mcg)

pill Aurovela, Junel, Larin, Microgestin, Norethindrone/Ethinyl Estradiol 1 mg/20 mcg (generic Loestrin 1 mg/20 mcg)

pill Aurovela FE, Blisovi FE, Gildess FE, Hailey FE, Junel FE, Larin FE, Microgestin FE, Norethindrone/Ethinyl Estradiol/FE, Tarina FE (generic Loestrin FE)

pill Aurovela 24 FE, Blisovi 24 FE, Hailey 24 FE, Junel 24 FE, Larin 24 FE, Microgestin 24 FE, Norethindrone/Ethinyl Estradiol 1 mg/20 mcg - FE (24), Tarina 24 FE (generic Loestrin 24 FE)

pill Balziva, Briellyn, Norethindrone/Ethinyl Estradiol 0.4 mg/0.35 mg, Philith, Vyfemla (generic Ovcon-35)



Generic Birth Control (contraceptives) continued...

pill	Camila, Deblitane, Emzahh, Errin, Heather, Incassia, Jencycla, Lyleq, Lyza, Nora-BE, Norethindrone 35 mcg, Norlyroc, Sharobel (generic Micronor, Nor-Q-D)
pill	Cesia, Velivet (generic Cyclessa)
pill	Charlotte 24 FE, Finzala, Mibelas 24 FE, Norethindrone/Ethinyl Estradiol FE 1/0.02 mg Chewable (generic Minastrin 24 FE)
pill	Cryselle-28, Elinest, Low-Ogestrel, Turqoz (generic Lo/Ovral)
pill	Drospirenone/Ethinyl Estradiol/Levomefolate 3-0.03-0.451 mg, Tydemy (generic Safyral) (effective 1/15/2025)
ring	Eluryng, Enilloring, Etonogestrel/Ethinyl Estradiol 0.12/0.015 mg/24 hr, Haloette (generic NuvaRing)
pill	Enpresse-28, Levonest, Levonorgestrel/Ethinyl Estradiol 6-5-10, Trivora-28 (generic Triphasil)
pill	Estarylla, Femynor, Mili, Mono-Linyah, Mononessa, Norgestimate/Ethinyl Estradiol 0.25/0.035 mg, Nymyo, Sprintec-28, Vylibra (generic Ortho-Cyclen)
pill	Ethinodiol Diacetate/Ethinyl Estradiol 1/0.035 mg, Kelnor 1/35, Zovia 1/35 (generic Demulen 1/35)
pill	Ethinodiol Diacetate/Ethinyl Estradiol 1/0.05 mg, Kelnor 1/50 (generic Demulen 1/50)
pill	Fayosim, Levonorgestrel/Ethinyl Estradiol, Rivelsa (generic Quartette)
pill	Iclevia, Introvale, Jolessa, Levonorgestrel/Ethinyl Estradiol 0.15/0.03 mg, Setlakin (generic Seasonale)
pill	Kaitlib FE Chew, Layolis FE Chew, Norethindrone/Ethinyl Estradiol FE 0.8/0.025 mg Chew (generic Generess FE) (effective 1/15/2025)
shot	Medroxyprogesterone Acetate 150 mg (generic Depo-Provera 150 mg)
pill	Necon 0.5 mg/35 mcg, Nortrel 0.5 mg/35 mcg, Wera 0.5 mg/35 mcg (generic Brevicon, Modicon)
patch	Norelgestromin/Ethinyl Estradiol 150/35 mcg, Xulane, Zafemy (generic Ortho Evra)
pill	Norethindrone/Ethinyl Estradiol FE 0.4/0.35 mg, Wymzya FE (generic Femcon FE)
pill	Norethindrone/Ethinyl Estradiol FE 1-20/1-30/1-35 mg-mcg, Tilia FE, Tri-Legest FE (generic Estrostep FE)
pill	Norgestimate/Ethinyl Estradiol 0.18-0.215-0.25/0.035 mg, Tri-Estarylla, Tri-Linyah, Tri-Mili, Trinessa, Tri-Nymyo, Tri-Sprintec, Tri-Vylibra, Trinessa (generic Ortho Tri-Cyclen)
pill	Tyblume

Prescription cervical caps and diaphragms for birth control (contraceptives)

Brand Cervical Caps

Femcap

Brand Diaphragms

Caya

Omniflex

Wide-Seal

Prescription emergency birth control (contraceptives)

Brand Emergency Birth Control (contraceptives)

AfterPill

ella

Plan B One-Step

Generic Emergency Birth Control (contraceptives)

Aftera, Curae, EContra EZ, EContra One Step, Her Style, Levonorgestrel 1.5 mg, My Choice, My Way, New Day, Opcicon One-Step, Option 2, React, Take Action (generic Plan B One-Step)



Birth control - Access PDL

Over-the-counter birth control (contraceptives) for women

Birth Control Contraceptives

The following forms of birth control (contraceptives) are available OTC and will be covered at \$0 cost share when filled at a network pharmacy. Ask your pharmacy to submit a claim* to UnitedHealthcare.

Condoms

Contraceptive films

Contraceptive foams

Contraceptive gels

Contraceptive sponges

Contraceptive suppositories

Emergency birth control (contraceptives) (AfterPill, generic for Plan B, generic for Plan B One-Step)

Opill

*In certain scenarios, your pharmacy may ask you to contact your healthcare provider for a prescription.

Prescription birth control (contraceptives)

KEY

pill = Hormonal Birth Control Pill (oral contraceptive)

ring = Hormonal Birth Control Ring (contraceptive vaginal ring)

shot = Hormonal Birth Control Shot (injectable contraceptive)

patch = Hormonal Birth Control Patch (contraceptive transdermal patch)

Brand Birth Control (contraceptives)

shot Depo-SubQ Provera 104mg (effective 1/15/2025)

pill Lo Loestrin FE

pill Natazia

Generic Birth Control (contraceptives)

pill Afirmelle, Aubra, Aubra EQ, Aviane, Delyla, Falmina, Lessina, Levonorgestrel/Ethinyl Estradiol 0.1/0.02 mg, Lutera, Sronyx, Vienva (generic Alesse)

pill Altavera, Ayuna, Chateal, Chateal EQ, Kurvelo, Levonorgestrel/Ethinyl Estradiol 0.15/0.03 mg, Levora-28, Marlissa, Portia-28 (generic Nordette)

pill Alyacen 1/35, Dasetta 1/35, Nortrel 1/35, Nylia 1/35 (generic Ortho-Novum 1/35)

pill Alyacen 7/7/7, Dasetta 7/7/7, Nortrel 7/7/7, Nylia 7/7/7, Pirmella 7/7/7 (generic Ortho-Novum 7/7/7)

pill Amethyst, Dolishale, Levonorgestrel/Ethinyl Estradiol 0.09/0.02 mg (generic Lybrel) (effective 1/15/2025)

pill Apri, Cyred, Cyred EQ, Desogestrel/Ethinyl Estradiol 0.15/0.03 mg, Enskyce, Isibloom, Juleber, Kalliga, Reclipsen, Solia (generic Desogen, Ortho-Cept)

pill Aranelle, Leena (generic Tri-Norinyl)

pill Ashlyna, Camrese, Daysee, Jaimiess, Levonorgestrel/Ethinyl Estradiol 0.15/0.03 mg (84), Simpesse (generic Seasonique)

pill Aurovela, Hailey, Junel, Larin, Microgestin, Norethindrone/Ethinyl Estradiol 1.5 mg/30 mcg, (generic Loestrin 1.5 mg/30 mcg)

pill Aurovela, Junel, Larin, Microgestin, Norethindrone/Ethinyl Estradiol 1 mg/20 mcg (generic Loestrin 1 mg/20 mcg)

pill Aurovela 24 FE, Blisovi 24 FE, Hailey 24 FE, Junel 24 FE, Larin 24 FE, Microgestin 24 FE, Norethindrone/Ethinyl Estradiol 1 mg/20 mcg - FE (24), Tarina 24 FE (generic Loestrin 24 FE)



Generic Birth Control (contraceptives) continued...

pill	Aurovela FE, Blisovi FE, Gildess FE, Hailey FE, Junel FE, Larin FE, Microgestin FE, Norethindrone/Ethinyl Estradiol FE, Tarina FE (generic Loestrin FE)
pill	Azurette, Desogestrel/Ethinyl Estradiol 0.15/0.02 mg, Kariva, Pimtree, Simliya, Viorele, Volnea (generic Mircette)
pill	Balziva, Briellyn, Norethindrone/Ethinyl Estradiol 0.4 mg/35 mcg, Philith, Vyfemla (generic Ovcon-35)
pill	Camila, Deblitane, Emzahh, Errin, Heather, Incassia, Jencycla, Lyleq, Lyza, Nora-BE, Norethindrone 35 mcg, Norlyroc, Sharobel (generic Micronor, Nor-Q-D)
pill	Camrese Lo, Levonorgestrel/ethinyl estradiol 0.1/0.02 mg (84), LoJaimiess (generic LoSeasonique)
pill	Cesia, Velivet (generic Cyclessa)
pill	Charlotte 24 FE, Finzala, Mibelas 24 FE, Norethindrone/Ethinyl Estradiol FE 1/0.02 mg (generic Minastrin 24 FE)
pill	Cryselle-28, Elinest, Low-Ogestrel, Turqoz (generic Lo/Ovral)
pill	Drospirenone/Ethinyl Estradiol 3/0.02 mg, Jasmiel, Loryna, Lo-Zumandimine, Nikki, Vestura (generic Yaz)
pill	Drospirenone/Ethinyl Estradiol 3/0.03 mg, Ocella, Syeda, Zarah, Zumandimine (generic Yasmin)
pill	Drospirenone/Ethinyl Estradiol/Levomefolate 3-0.03-0.451 mg, Tydemy (generic Safyral) (effective 1/15/2025)
ring	Eluryng, Etonogestrel/Ethinyl Estradiol 0.12/0.015 mg/24 hr (generic NuvaRing)
pill	Enpresse-28, Levonest, Levonorgestrel/Ethinyl Estradiol 6-5-10, Trivora-28 (generic Triphasil)
pill	Estarylla, Femynor, Mili, Mono-Linyah, Mononessa, Norgestimate/Ethinyl Estradiol 0.25/0.035 mg, Nymyo, Sprintec-28, Vylibra (generic Ortho-Cyclen)
pill	Ethynodiol Diacetate/Ethinyl Estradiol 1/0.035 mg, Kelnor 1/35, Zovia 1/35 (generic Demulen 1/35)
pill	Ethynodiol Diacetate/Ethinyl Estradiol 1/0.05 mg, Kelnor 1/50 (generic Demulen 1/50)
pill	Fayosim, Levonorgestrel/Ethinyl Estradiol, Rivelsa (generic Quartette)
pill	Iclevia, Introvale, Jolessa, Levonorgestrel/Ethinyl Estradiol 0.15/0.03 mg, Setlakin (generic Seasonale)
pill	Kaitlib FE Chew, Layolis FE Chew, Norethindrone/Ethinyl Estradiol FE 0.8/0.025 mg Chew (generic Generess FE) (effective 1/15/2025)
shot	Medroxyprogesterone Acetate 150 mg (generic Depo-Provera 150 mg)
pill	Necon 0.5 mg/35 mcg, Nortrel 0.5 mg/35 mcg, Wera 0.5 mg/35 mcg (generic Brevicon, Modicon)
patch	Norelgestromin/Ethinyl Estradiol 150/35 mcg, Xulane, Zafemy (generic Ortho Evra)
pill	Norethindrone/Ethinyl Estradiol FE 0.4/0.35 mg, Wymzya FE (generic Femcon FE)
pill	Norethindrone/Ethinyl Estradiol FE 1-20/1-30/1-35 mg-mcg, Tilia FE, Tri-Legest FE (generic Estrostep FE)
pill	Norgestimate/Ethinyl Estradiol 0.18-0.215-0.25/0.035 mg, Tri-Estarylla, Tri-Linyah, Tri-Mili, Trinessa, Tri-Nymyo, Tri-Sprintec, Tri-Vylibra, Trinessa (generic Ortho Tri-Cyclen)
pill	Norgestimate/Ethinyl Estradiol Lo 0.18-0.215-0.25/0.025 mg, Tri-Lo-Estarylla, Tri-Lo-Marzia, Tri-Lo-Mili, Tri-Lo-Sprintec, Tri-Vylibra Lo (generic Ortho Tri-Cyclen Lo)
pill	Tyblume

Prescription cervical caps and diaphragms for birth control (contraceptives)

Brand Cervical Caps

Femcap

Brand Diaphragms

Caya

Omniflex

Wide-Seal

Prescription emergency birth control (contraceptives)

Brand Emergency Birth Control (contraceptives)

AfterPill

ella

Plan B One-Step

Generic Emergency Birth Control (contraceptives)

Aftera, Curae, EContra EZ, EContra One Step, Her Style, Levonorgestrel 1.5 mg, My Choice, My Way, New Day, Opicon One-Step, Option 2, React, Take Action (generic Plan B One-Step)

Frequently asked questions

Under the health reform law, health plans must cover certain medications as recommended by the U.S. Preventive Services Task Force (USPSTF) A & B Recommendation and the Health Resources & Services Administration (HRSA) women's health guidelines, including FDA-approved prescription and over-the-counter (OTC) contraceptives for women at 100% without charging a copayment, coinsurance or deductible when:

- Prescribed by a health care professional, and
- Age and/or condition appropriate, and
- Filled at a network pharmacy

To comply with these regulations, UnitedHealthcare offers this list of \$0 cost share Preventive Care Medications.

Which preventive care medications are available at \$0 cost share?

Refer to the list in this document, sign in to myuhc.com, or call the toll-free member phone number on your member ID card for a list of medications covered at \$0 cost share.

Please note, in order to obtain coverage at no cost for preventive care medications and products (including over-the-counter), you will need a prescription from your health care provider.

Your **medical benefit** will also cover other forms of birth control such as IUDs, implants and surgical sterilization (having your tubes tied).

What if my plan has a religious or moral exemption for covering contraceptives?

Some plans may not have coverage for contraceptives if your employer or plan sponsor elects a religious or moral exemption under applicable law. However, you will still have coverage at \$0 cost share of the U.S. Preventive Services Task Force A & B Recommendation medications listed on the Preventive Care Medications list, such as aspirin, tobacco cessation and breast cancer preventive medications.

Will this drug list change?

Drug lists can and do change, so it's always good to check. You can find updated information by:

- Signing in to myuhc.com, and going to Pharmacy Information
- Calling the toll-free phone number on your member ID card

What if I have a high-deductible or consumer-driven health (CDH) plan?

The same no-cost options on the list applicable to your plan will be available to you if you are in one of these plans. If you fill a prescription for covered products not on your plan's no-cost drug list, you will need to pay the full cost, until your pharmacy plan deductible is reached.



Are the no-cost Preventive Care Medications available at both retail and mail pharmacies?

Preventive Care Medications are available at both network retail pharmacies and the home delivery pharmacy for plans with a mail-order benefit.

What if the health care reform law requirements for preventive care medication coverage change?

If the law requiring plans to provide preventive care medications at no extra cost changes, information on how your costs may be impacted will be available to you by:

- Signing in to myuhc.com, and going to Pharmacy Information
- Calling the toll-free phone number on your member ID card

What if my doctor prescribes a similar preventive medication that is not on this list?

The health reform law allows plans to use reasonable medical management to decide which product/medications are provided at \$0 cost share. If you choose a no-cost product from the list applicable to your plan, your cost at the pharmacy will be \$0. If you choose a covered product/medication that is not on the list, a copay or coinsurance may be required. And this cost will apply to your deductible if you have one.

You can ask your doctor for a prescription for one of the medications on this list that your doctor feels would work for you. For some medical reasons, your doctor may decide you need a medication that is not on this list.⁵ If so, you can request the medication you need by calling the toll-free member phone number on your member ID card, and asking how to obtain coverage at no extra cost. Your doctor may visit uhcprovider.com for details on how to submit and what information to include with **Patient Protection and Affordable Care Act \$0**

Cost-Share Preventive Medications Exemption Requests.

Questions?

Call the toll-free phone number on your member ID card.



¹Please note this list is subject to change.

²Always refer to your benefit plan materials to determine your coverage for medications and cost share. Some medications listed on the PDL may not be covered under your specific benefit. Where differences are noted, the benefit plan documents will govern.

³All brand-name medications are trademarks or registered trademarks of their respective owners.

⁴Generally state insurance laws do not apply to ASO ERISA groups.

⁵When informed by a member's health care provider, UnitedHealthcare will accommodate a coverage exception request for any member when one of the \$0 cost medications listed on the Preventive Care Medications list may be medically inappropriate as determined by the health care provider for that member and UnitedHealthcare will waive the otherwise applicable cost-sharing for a medication not represented on the Preventive Care Medications list.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by UnitedHealthcare Services, Inc. or their affiliates. Health Plan coverage provided by or through a UnitedHealthcare company. UnitedHealthcare and the dimensional U logo are trademarks of UnitedHealth Group Incorporated.