



Motion is moving to UHC Rewards

Your health plan is replacing UnitedHealthcare Motion® with UnitedHealthcare Rewards. With UHC Rewards, a variety of actions—including many things your employees may already be doing—lead to rewards. The activities your employees go for are up to them.



Please encourage your employees to take the following steps

30 days before your renewal date, it's important that your employees:

1 Update UHC Motion profile

Visit Motion at unitedhealthcaremotion.com. Update mailing address and bank information so we can send final rewards to the right account or preferred mailing address (in the case of a gift card).

To update their information, employees can log in at unitedhealthcaremotion.com and then go to **Settings > Motion Incentive Distribution > Select your distribution choice**.

2 Sync information

Sync data with the Motion app on a daily basis and complete a final sync after activity is completed on the last day of the plan year.

3 Join UHC Rewards

Download the UnitedHealthcare® app, available on iOS and AOS app stores, and activate UHC Rewards.



Access to Motion is ending soon

- 60 days after the new plan year begins, access to the Motion program ends
- If you need reports, visit unitedhealthcaremotion.com

We're here to help facilitate a smooth transition. See the back for more details.

What you need to know

- Upon your renewal date, we'll be transitioning over to UHC Rewards and employees will no longer be able to earn or receive Motion earnings
- You'll have access to reports in the Motion admin portal after the transition

UnitedHealthcare will contact participants who are enrolled in Motion

Communications will begin approximately one month before your renewal date and continue 14 days after your renewal date to help guide the transition to UHC Rewards.



Push notifications



Emails



In app messages

Learn more

For more information, visit unitedhealthcaremotion.com

For questions, call **1-855-256-8669**, TTY **711** or email unitedhealthcaremotion@uhc.com

United Healthcare

UnitedHealthcare Rewards is a voluntary program. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. You should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for you. Receiving an activity tracker, certain credits and/or rewards and/or purchasing an activity tracker with earnings may have tax implications. You should consult with an appropriate tax professional to determine if you have any tax obligations under this program, as applicable. If any fraudulent activity is detected (e.g., misrepresented physical activity), you may be suspended and/or terminated from the program. If you are unable to meet a standard related to health factor to receive a reward under this program, you might qualify for an opportunity to receive the reward by different means. You may call us toll-free at 1-855-256-8669 or at the number on your health plan ID card, and we will work with you (and, if necessary, your doctor) to find another way for you to earn the same reward. Rewards may be limited due to incentive limits under applicable law. Subject to HSA eligibility, as applicable. Components subject to change. This program is not available for fully insured members in Hawaii, Vermont and Puerto Rico. There are no geographic restrictions for self-funded participants.

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