



Support for your pregnancy journey

Get connected to a doula today

Your body is doing amazing things right now. This time can be exciting and also overwhelming. A doula is someone who listens to your concerns and can be an advocate during your pregnancy journey.

Use the directory on the back to find a doula who is right for you. Members can reach out to doulas directly, using the information in the directory.

Have questions or need help finding a doula?

Visit missouricommunitydoulacouncil.com for additional information.

Reach out to the Healthy First Steps program at **1-800-599-5985, TTY 711** to report pregnancies, get help finding and scheduling an appointment with a doula, and to ask any pregnancy-related questions.



UnitedHealthcare®
Community Plan

Continued →

UnitedHealthcare does not discriminate based on race, color, national origin, sex, age or disability.

We provide communication help at no cost for people with disabilities. This includes materials with large print. It includes audio, electronic and other formats. We also have American sign language interpreters. If English is not your main language, you may ask for an interpreter. We also have materials in other languages. To ask for help, call **1-866-292-0359, TTY 711**. Hours are 8 a.m.-5 p.m., Monday-Friday.

ATTENTION: If you do not speak English, language assistance services, at no cost to you, are available. Call **1-866-292-0359, TTY 711**.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-866-292-0359, TTY 711**.

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 **1-866-292-0359, TTY 711**。

Provider	Phone	Text	Email	Accepting new members	Counties servicing
Peachy Births: Ashley Haden-Peaches	1-913-703-3252	No	peachybirths@gmail.com		Jackson
Soul Song Doula: Amy Creighton	1-660-233-3152	Yes	soulsongdoula444@gmail.com	Yes	Johnson
The Doula Foundation: Kimberly Costello, Brandi Baugus, Susan Hedgpath, Jordana Kern-Helmke, Liz Kemper, Kayla Kramer, Alena Akulich, Kaylee O'Grady, Kaysha Sorrell	1-417-832-9333	No	kimberly@doulafoundation.org	Yes	Greene
On-Up: Asia Jacobs	1-314-922-0320	Yes	doulalovelightlife@gmail.com	Yes	City of St. Louis, St. Charles, St. Louis
Christian King	1-816-325-9223	Yes	bombmomskc@gmail.com	Yes	Jackson
Amanda Rhodes	1-417-664-1170	Yes	5.rhodes.a@gmail.com	Yes	Bolliner, Butler, Camden, Cape Girardeau, Cole, Crawford, Dent, Dunklin, Gasconade, Iron, Laclede, Madison, Maries, Mississippi, New Madrid, Osage, Pemiscot, Phelps, Pulaski, Reynolds, Saint Francois, Sainte Genevieve, Scott, Shannon, Stoddard, Texas, Washington, Wright, Wayne
Korede INC: Ibura Dehaan, Asia Jacobs, Tonya Chinkeefatt, Grace Eberle, Denitra Frazier, Joy Kuebee, Tayler Robins, Lucendia Smith, Candice Ward	1-314-266-8205		rfaleti@koredehouse.com		
Cortney Powell	1-573-286-6108	Yes	cpowell.kindoula@gmail.com	Yes	Camden, Cole, Maries, Miller, Osage, Phelps, Pulaski
Roketia Sanders	1-573-931-3896	Yes	roketiasanders@hotmail.com	Yes	New Madrid
Lending Precious Hands: Patrina Crawford	1-636-317-1197	No	lendingprecioushandsllc@gmail.com	Yes	St. Louis City, St. Louis County, St. Charles County

Provider	Phone	Text	Email	Accepting new members	Counties servicing
Empowered Pregnancy Doula Services: Latanya Fulton	1-618-520-2821	Yes	latanyafulton64@gmail.com	Yes	St. Louis
Beni Births, LLC: Angela Buckhall	225-921-2730	Yes	angelbackhall@benibirths.com	Yes	Cole, Boone, Callaway, Moniteau, Miller, Osage, Morgan, Camden, Audrain, Pettis and Maries. St. Charles County on a per case basis.
Birthing You Doula Services: Eboni Hooper	314-600-7378	Yes	N/A	Yes	St. Louis
Pumpie LLC/On Up: Asia Jacobs	314-922-0320	Yes	doulalovelightlife@gmail.com	Yes	City of St. Louis, St. Louis County, St. Charles County
Ruth McCleery	913-289-2460	No	doularuthie@gmail.com	Yes	Clay
Kalina Kohlfeld	314-732-8268	Yes	N/A	Yes	Jefferson
Eberle Luttrell-Pettit	314-304-8588	Yes	N/A	Yes	St. Louis
Birth It Forward: Heidi R. Hawley, Michala S. Johnston, Jaime M. Mackey, Mason, Kristen a. Mason, April J. Matusiak, Margaret I. Olvera, Malak M. Soudi	816-320-4800	Yes	N/A	Yes	Jackson
Raquel Farrington	816-457-2720	Yes	N/A	Yes	Jackson
Joy in the Journey Birth Doula: Melanie Pierce Kayley Pierce	417-217-6240 417-554-2198	Yes	joyinthejourneybirthdoula@outlook.com N/A	Yes	Wright
Christian King	816-325-9223	Yes	N/A	Yes	Jackson
Blissful Beginning: Kassity Cole Ashley Johnson Esmeralda Hill	520-310-4714 417-242-1168 913-827-3562	Yes No	blissfulbeginning@outlook.com	Yes	Christian
Tawni Gary	903-330-1781	Yes	N/A	Yes	Douglas

Provider	Phone	Text	Email	Accepting new members	Counties servicing
Delia Ana Pearl	816-780-9468	Yes	N/A	Yes	Jackson
Kasey Tolliver	314-484-5248	Yes	N/A	Yes	St. Louis
Ibura Dehaan	314-266-8205	Yes	N/A	Yes	St. Louis City
Fruit of the Womb Doula: Kaila D Wallace	314-252-1933	Yes	N/A	Yes	St. Louis
Neysha M Reyes Cruz	913-620-7572	Yes	N/A	Yes	Jackson
Aminah Williams	636-251-0751	Yes	N/A	Yes	St. Louis
ABC Educational Consulting: Adrienne Blakemore	773-816-9536		Abcdeeducationalconsultingllc@gmail.com		
Empower Soulitude: Janice Ingram	913-944-5280	No			
Kacey Davis	573-576-5280				Cape Girardeau
LaCrisha Trevino	314-358-8748	Yes	N/A	Yes	Jefferson
Darvida Doulas: Aneliz Soto Vazquez, Robin Kay Lloyd	816-229-8959	Yes	darvidadoulas@gmail.com	Yes	Jackson
KoKo Doula Company LLC, Florese Nelson	816-500-9254	No	infor@kokodoulacompany.org	Yes	Jackson
Flourish Doula Services: Ashley Johnson,	417-425-7978	No	ashley#flourishfamilydoulas.com	Yes	
Hickory County Health Department: Lori Hays	417-745-2138,	No	haysl@hickorycounty health.org	Yes	Hickory
Childyear Choice Doula: Beth Lambeth	417-527-8224				Taney
Theoria Medical: Elizabeth H. Morgan	417-881-0500				Greene

