CHIP

Value-Added Services

TEXAS Health and Human Services | CHIP

United Healthcare® Community Plan

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What are value-added services?

Thank you for choosing UnitedHealthcare. As a member of UnitedHealthcare Community Plan, you can also receive value-added services beginning September 1-August 31. These unique services are offered, in addition to the required CHIP services, to benefit your health and everyday life. Restrictions and limitations may apply. Your experience and feedback as a member is the inspiration behind these value-added services.

We hear you

We get great ideas from members like you in our communities. That's why we're inviting you to join our Member Advisory Council. The Council helps us understand how we're doing and what we could do better. To join, call **1-888-887-9003** and ask to be transferred to a Member Advocate in your area.

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Disease management

Text Reminders for medication: Access to the Optum Member Portal. Schedule text reminders for your meds online.

Terms: Need a tablet, computer or smartphone.

Extra help for pregnant members

Blood Pressure monitor: 1 Blood Pressure cuff for pregnant CHIP Perinate members with or at risk of high blood pressure.

Terms: Service coordinators check need. One per pregnancy.

Did you know...
The Health and Human Services Commission (HHSC) offers resources and assistance for mothers who choose to breastfeed. For more information, please scan the QR code or visit texaswic.org/breastfeeding.

Prenatal pregnant Mom support: Members can use **myuhc.com** or app to get info and tools to learn about their pregnancy. May earn rewards for doctor visits.

- $25 for going to a prenatal visit

Postpartum pregnant Mom support: Members can use **myuhc.com** or app to get info and tools to learn about their postpartum care. May earn rewards for doctor visits.

- $25 for going to a postpartum visit

Wellhop: Wellhop for Mom & Baby connects members with similar due dates online. They will learn together and support each other from pregnancy through early motherhood.

Terms: Pregnant members can enroll in Wellhop at no additional cost.

*Each state fiscal year, 9/1–8/31.

Gift programs

Emergency radio: A NOAA/FM/AM radio that helps you stay connected during bad weather or a disaster. Includes cellphone charger and flashlight.

Terms: One per year.*

Helpful hints
For information on disaster preparation tips, an emergency plan template, disaster kit checklist and other resources, please scan the QR code or visit txready.org.

Health and wellness services

Sports, camp and school exams: A sports, school or camp physical exam by an in-network PCP is available at no cost. Ages 4-19.

Terms: Must use in-network provider. One exam per year.* Ages 4 through 19. Excludes CHIP-Perinate members.

Online health information chats: Staffed by health professionals who answer your questions 24 hours a day, 7 days a week, for every day of the year.

Daily health reward: Members can get a $20 reward card to be used on items like a pill organizer and notebook to keep track of their health.

Terms: One time per year.*

Vaping programs: Members who vape can get help to stop. Education and support are available through an online program.

Terms: Need a tablet, computer or smartphone.

*Each state fiscal year, 9/1–8/31.

Healthy play and exercise

Fitness reward: $20 rewards card to be used on fitness items.

Terms: One time per year.*

Online Wellness Coaching Program: Members can get weight loss and exercise tips, and resources. Available online at **myuhc.com**.

Terms: Need a computer, tablet or smartphone to access.

Help for members with asthma or COPD

Pest control reward: $20 Rewards Card to be used on home improvement items, such as pest control plug-ins.

Terms: One per year.* Members must be under active case management and have a diagnosis of asthma or COPD.

$20 reward card: For indoor air quality items such as fans, air filters, or humidifiers.

Terms: For members in our disease management program for Asthma & COPD. One per year.*

Did you know...
This idea came from members just like you. That's why we're inviting you to join our Member Advisory Council. To register, call **1-888-887-9003** and ask to be transferred to a Member Advocate in your area.

Behavioral health resources

Mental Health journal: 1 mental health journal after a 7 day post hospital stay. Members can write down and process their feelings using prompts. Includes resources.

Terms: One mental health journal per year* after completing a 7-day post hospitalization visit.

*Each state fiscal year, 9/1–8/31.

Online behavioral health resources

Live and Work Well: Live and Work Well has news, videos, legal resources, and you can find doctors and other care. For more information, scan the QR code or visit liveandworkwell.com.

Terms: Need a tablet, computer, or smartphone to access

Calm Health app: Get help anytime for stress and wellbeing. Available 24/7 on a website you can use at your own pace.

Terms: Need a mobile device, tablet or computer to access the program. Download the UnitedHealthcare® app and look for **Calm Health** under **Additional Benefits.**

Vision and transportation

Eyewear & Contact Lens Extra Benefits: Get $105 once per year. For frames, lenses, or contacts not covered by CHIP.

Terms: Use an in-network provider. CHIP Perinate and spare pairs are not covered.

Transportation for services that impact health: Get 4 round-trip rides for non-CHIP health needs. Like grocery, housing, or utility visits. Ages 0 -17 ride with an adult. Book with SafeRide at **1-888-462-6050** at least 2 days before the appointment to schedule transportation.

Terms: Additional children may be approved for rides to CHIP approved providers. 4 round trip rides.

Tips for when you call to schedule a ride

- UnitedHealthcare member ID
- Provider's name
- Provider's address
- Provider's phone number
- Appointment time

*Each state fiscal year, 9/1–8/31.